



The *SPIRIT OF GIVING* is alive and well at the Surrey Food Bank

December 7, 2011

Canadian Association of Equipment Distributors  
16091 12A Avenue  
Surrey BC V4A 6V8

Dear Friends,

During the 'Season of Giving', the Surrey Food Bank family is encouraged by the messages and support we receive from the communities of Surrey and beyond. The staff, volunteers and Board of Directors work tirelessly all year to support our low income neighbors - people like you and I, to become more secure in the basic necessity of life - adequate and nutritious food for themselves and their families.

Our mission of helping others to help themselves is achieved because of you, our faithful donors and supporters. Without your generous gifts of food and money we would not be here providing emergency food hampers to those struggling with some of life's greatest challenges.

The other day I spoke on national radio and a guest on the open-line show referred to our food bank as a food charity. The word charity is not one I personally use very often. I prefer to think of the support we offer our neighbors as 'acts of kindness' - one to another.

Thank you for your 'acts of kindness' as you faithfully offer your gifts to the Surrey Food Bank.

In the words of Maya Angelou:

*I have found that among its other benefits, giving liberates the soul of the giver.*

Heartfelt thanks,

Marilyn Herrmann  
Executive Director

*Thank you for your  
very generous support!*